

LLANNERCHWEN RETREATS



2019



RETREAT DATES

- ◆ 11th-20th March
- ◆ 1st-10th April
- ◆ 9th-18th May
- ◆ 15th-24th June
- ◆ 13th-22nd July
- ◆ 1st-10th August
- ◆ 19th-28th August
- ◆ 21st-30th September
- ◆ 12th-21st October
- ◆ 31st October-9th November

For IGRs, choose a minimum of 5 days. For SEs, choose a full retreat and await confirmation (depending on two references and an interview with the resident staff).

Familiarity with Ignatian types of prayer are essential *only* for the Spiritual Exercises, not for the Individually Guided Retreats.



Llannerchwen, 3 miles north of the small market town of Brecon, is in a secluded setting with panoramic views of the Brecon Beacons and Black Mountains. It has been a place of great stillness and spirituality. The centre contains 8 single self-contained units, of which 3 are individual hermitages. All units are *en suite* and have their own private entrances. Each kitchen is fully equipped and includes a microwave, fridge, electric cooker or hob. Towels and sheets are provided, as well as tea, coffee, salt, pepper and oil.

There is a cabin for creative arts and a small chapel, where the Blessed Sacrament is kept. Most evenings, there is also an optional ½ hour silent prayer.

Llannerchwen is run by lay women on behalf of the Society of the Sacred Heart, a Roman Catholic order. The resident staff is assisted by visiting directors and helpers from several denominations.

RETREAT OPTIONS

Spiritual Exercises (SEs)
of St Ignatius of Loyola
in parts (in solitude)
£600 per part (with lunches)
£535 per part (self-catering)

Private self-catering retreats can be made in between retreat times (above) for a minimum of two nights (some occasional accompaniment may be available but not guaranteed). It is also possible to have a longer experience of solitude. 19th Annotation, 30 day retreats, ongoing spiritual direction and stays longer than two weeks are available by arrangement.

We cook only vegetarian.

Individually Guided Retreats (IGRs)

8 days (with lunches) - £495
8 days (self-catering) - £430
Any shorter stay is pro rata

Self-catering Solitude
£30 per night

The accommodation and ethos of Llannerchwen are ideal for those seeking silence, stillness and solitude.



Llannerchwen
retreats@llannerchwen.org.uk

Llandefaelog Fach

Brecon

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Wales

01874 622 902

www.llannerchwen.org.uk

A pick-up from public transport in Brecon is usually available.

